

TO: DCE/DCD

FROM: DISTRICT SOCIAL DEVELOPMENT OFFICER

DATE: 31<sup>ST</sup> DECEMBER, 2025

**SUBJECT: SUBMISSION OF LIST OF NUTRITION-ORIENTED INTERVENTIONS**

I submit list of Nutrition-Oriented Interventions in the District for your study and action.

Thank you

  
Emmanuel T. Ambasaki

DISTRICT SOCIAL WELFARE OFFICER  
BREMEN  
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**ASIKUMA-ODOBEN-BRAKWA DISTRICT**  
**DEPARTMENT OF SOCIAL WELFARE AND COMMUNITY DEVELOPMENT**

**LIST OF NUTRITION-ORIENTED INTERVENTIONS IN THE DISTRICT**

1. Girls iron and folic supplementation
2. Iron and Folic Acid (IFA) for pregnant women
3. Community infant and young child feeding (CIYCF)
4. Vitamin supplementation and community management of acute malnutrition (CMAM).

**ASIKUMA ODOBEN BRAKWA DISTRICT HEALTH DIRECTORATE**

**GHS NUTRITION -ORIENTED INTERVENTIONS OR LINKAGES AVAILABLE IN THE DISTRICT**

INTERVENTION	TARGET GROUP	TOTAL NUMBER REACHED IN 2020	CHALLENGES	WAYFORWAD
Girls iron and folic acid supplementation programme(GIFTS)	Adolescent girls 10-19 years	In-school=8,536  Out of school=1580	1. Some parents are preventing their adolescent girls from taking the tablets. 2. Some adolescents are refusing to take the tablets because they think its family planning method which will make them infertile in future 3. Few teachers are involved in the programme. 4. Inadequate resources for the running of the programme. 5. Lack of motivation for teachers and health workers who co-ordinate the program.	1. Durbars should be organised in the communities to dispel misconceptions about the programme. 2. Involvement of opinion leaders and other stakeholders in the community in the sensitization programmes concerning GIFTS. 3. Time with PTA and community members to discuss the importance of the programme with them. 4. Ensure that class teachers administer the tablet to ensure continuity of the programme. 5. Motivation should be made available for teachers and focal persons who distribute the tablets.
Iron and folic acid (IFA)for pregnant women	Pregnant women	IFA 3=3162 IFA 6=1713	Anaemia in pregnancy at 36 weeks still high in the phase of this intervention	Community sensitization on the dangers of anaemia in pregnancy. Health education by health workers to pregnant women on the need to report early to the health facility when pregnant
Community infant and young child feeding(C-IYCF)	Children 0-2years	446 children	Low case search	Frequent growth monitoring to identify children at risk of getting malnourished so that they will not get to severe stage.
Vitamin A	Children 6-	16055	Low coverage	Intensify School

Supplementation	59 months	Representing 65.1%		health services to reach children of school going age within the target age group with the capsules. Home visit to reach defaulters
Community Based management of acute malnutrition(CMAM)	Children 6-59months	63	Shortage of ready to use therapeutic foods to manage the cases. High defaulter rate	Support from stakeholders and other NGOs to procure ready to use therapeutic foods to manage the cases. 2. Tracing of defaulters by health workers through home visit.